Mind Body and Soul Holistic Health - HeartMath Informed Consent/Legal Disclaimer

INFORMED CONSENT: By signing this form, I have chosen the services of Vickie Wright to provide HeartMath Coaching because I deem this type of service to be the most appropriate for me at this time. I understand that for all legal and regulatory purposes, the services I am provided will be considered to be provided in the United States of America. I understand confidentiality is of utmost importance to both the coach and the client. I will keep confident all sessions regardless of the mode of services provided, whether they be by phone, in person, or over the internet. Vickie Wright will keep all issues discussed confidential. I understand that the only appropriate breach of confidentiality is when my coach believes that I may intend to harm or kill other individuals or myself or that I am involved in child abuse, child neglect, spouse abuse or elder abuse. I also understand that if I am seriously considering suicide, services by Vickie Wright will not be appropriate for me at this time.

LEGAL DISCLAIMER: By signing this document I agree that certain situations including emergencies and crises are inappropriate for traditional on-line or face-to-face Coaching Services. If I am in crisis or in an emergency, I should immediately call 9-1-1 or seek help from a mental health professional or health care facility.

By checking the box below I understand that emergency situations include: if I have thought about hurting or killing either another person or myself; if I have hallucinations (see or hear things others don't; if I have delusions (beliefs others may consider

unrealistic); if I am in a life threatening or emergency situation of any kind; if I am currently abusing or am addicted to alcohol or drugs. By submitting this document, I acknowledge I have been told that if I feel suicidal right now, I am to call 9-1-1 or the National Suicide Hotline Toll-Free Number at 1-800-784-2433 or other local suicide hotline. Nature and scope of services: Services provided by Vickie Wright will not include medical advice or therapy. I give Vickie Wright permission to be my HeartMath Coach and she will not be held responsible for the consequences of any plan of actions and/or results of actions I choose to take. HeartMath Informed Consent and Legal Disclaimer

I hereby acknowledge and affirm understanding and agreement with the above.

Acknowledgement

 $_{\circ}$ I have read and understand what constitutes an Emergency Situation.

		Date
Signature		
Name:	Date:	
Relationship:		